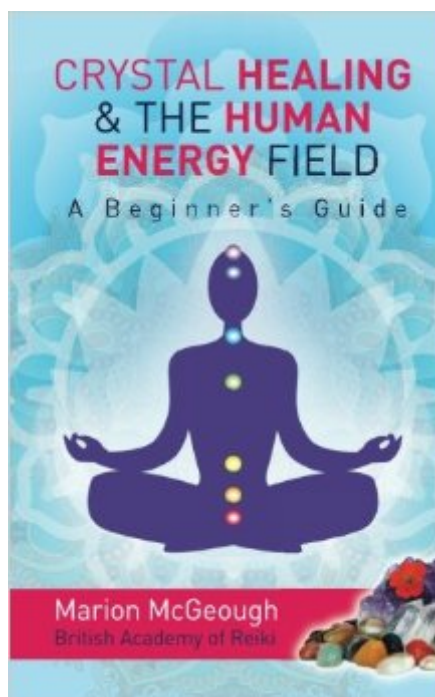


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# Crystal Healing & The Human Energy Field A Beginners Guide



## Synopsis

This book is about energy and vibrations and is ideal for those who are beginning to learn about the human energy field. There is a chapter on the aura, a description of the layers of the aura, as well as how to heal the aura with crystals if it is damaged. The section on crystals details how to select, cleanse and care for your crystals. For those who are reiki practitioners, there is information on how to programme crystals using reiki. There is a step by step guide on how to heal with crystals using the chakra system. To get you started the author has included information on several crystals which may be used for healing each chakra. There is also a section on voodoo wands, and when and how to use them.

## Book Information

Paperback: 64 pages

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Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (120 customer reviews)

Best Sellers Rank: #37,334 in Books (See Top 100 in Books) #23 in [Books > Religion & Spirituality > New Age & Spirituality > Divination > Crystals](#)

## Customer Reviews

This book is VERY short. It is not necessarily bad, but I warn others to please do research on how big the book is they are buying. It is only 66 pages. Not what I expected, but I should've done the research. Just wanted to add this information so other people will know what they are buying.

I have long been interested in Reiki and other forms of energy healing. My grandmother was a native American healer that used crystals, minerals, and herbs. This book was a good read and well worth the purchase price.

This is a wonderful little book for people who are starting to use crystals. It is simple but contains the necessary essentials.

Well explained for a beginner. This is exactly what I was looking for. Thank you for this gift. God's blessings.

The title of this book says that it's for beginners. I found that to be completely untrue. It starts with the basics of any other crystal book, how to choose clean and how to store your crystals. Then goes into second degree reiki crystal work. Then you are given the 7 chakras and the crystals that are related to each, and suddenly you are a chakra healer able to work with clients? Did I miss something? Next it talks about auras. It explains how close they are to your body, now you are an aura cleaner and also able to work with clients based on your intuitive need of the client. I just feel like there is a lot missing in this book. The title is very misleading I would not have purchased it if it didn't say for beginners.

Although this had some nice tidbits of information this is not a book. There was no expansion on the ideas or more importantly how to use the crystals or if some crystals have different uses or meanings. After maybe 20 pages the book was over and ended in an ad to take the writers class and link to his website. Most of the information contained can be found on the internet in very short time- disappointing.

Book does not contain information on crystals and which ones does what healing. More about the purpose of it and explanation on aura and energy. Item is a perfect size for a quick learn and read. Not what i was looking for since i understood it as explaining more about the crystals. I'm not unhappy with the book but just disappointed I understood it to have more information on crystals. It's ok. Customer service took care of me and I am happy.

I received this book on 6/10/2016 which was the expected delivery date. First off, I need to say I am new to Chakra and wanted/needed more information. I want to use the stones the correct way for healing for only me. The book is 65 pages long with the final last 2 1.2 pages were left blank for note keeping. The book was easy to read and understand. As I read the book, I highlighted certain parts that I felt was important for me to remember and for quick review. Great for a quick reminder or needed an question answered or to refresh my memory. It did not take me long to read the book from cover to cover. It took me awhile to read the book because I was highlighting as I read. I already do meditation, so this would be the next logical step. Some of the chapters were: where to purchase your Chakra stones, How to cleanse the stones, programming your stones, using Reiki

just to name a few. There is total of 16 chapters in this book. This is the second book I purchased that was written by Marion McGeough from the British Academy of Reiki. Her other book: The Beginner's Guide to the Chakra is a must have along with this book. If you are new to the Chakra Crystals like I am this is the book to have.

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